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Biology

Two Ways to Help the Environment

Out of the 33 ways to help the environment that were listed for us, the two I chose were to shorten my showers to help save energy and to turn off the lights and other electric appliances when we are not using them. I believe they both will have things about them that will be hard to handle, though at times they will be easy tasks to complete. After a long day, I like to take a shower because it relaxes me, but I know I am wasting a lot of water if I take a long shower. The easy part about this task is that it simply depends on my will to get out of the shower in a timely manner; nobody really needs to help me with this one. I believe it will be kind of hard to get out of the shower on some nights, but I think I’ll be able to do it. Dealing with the lights in our house might be harder for me because I really like having lights brightening the rooms in our home, and so does my family. I think the easy part will be to remember to turn off every electrical appliance, but I think it will be hard to actually remind my family to keep lights and different appliances off every night. I don’t think I’ll need any special equipment for either of these tasks, but I think I will need my family’s help and cooperation to complete the light and appliance goal. I do feel, though, that we can do this if we take little steps each day to make our world a better and greener one.